

CAN DO!



**More than 1800 Families
and Individuals get help from the
Knights Table
40% of them are children.**

Deadline to Contribute

**“The right time to eat is: for a rich man when he is hungry, for a poor man when he has something to eat.”
~ Mexican Proverb ~**

Holidays Most Needed Items:

- ✓ Breakfast supplies, cereal –hot and cold; pancake mix, syrup (high demand)
- ✓ Coffee/tea
- ✓ Stuffing, Instant Potato
- ✓ Gravy, Cranberry
- ✓ Ketchup/Oil
- ✓ Rice/Flour
- ✓ Mac & Cheese
- ✓ Snacks such as puddings, Jello, Granola
- ✓ Canned Milk
- ✓ Juices & Drink Boxes
- ✓ Cake Mixes
- ✓ Diapers (size 3 in high demand)
- ✓ Baby Formula
- ✓ Sanitary Products – toilet paper, pads and tampons
- ✓ Hygiene products – soap, deodorant, shampoo, toothbrush, toothpaste (high demand)

**Knights
Table**

FOOD BANK DRIVE
Thank You for Your Support!

